

CITY OF WALNUT  
SENIOR CITIZENS COMMISSION AGENDA  
WALNUT CITY HALL  
21201 LA PUENTE ROAD, WALNUT  
AUGUST 7, 2019

1. CALL TO ORDER 10:00 A.M.
2. FLAG SALUTE COMMISSIONER MILLER
3. ROLL CALL COMMISSIONERS CODAY-LAMB, MILLER, SHERWOOD-SCOTT,  
SIMONELLI & WU
4. MINUTES REGULAR MEETING JULY 3, 2019
5. SENIOR COMMISSION REORGANIZATION
  - A. DCSD/Jensen Assumes Gavel
  - B. DCSD/Jensen to Accept Nominations for Chairperson
  - C. DCSD/Jensen Presents Gavel to New Chairperson
  - D. Chairperson to Accept Nominations for Vice Chairperson
  - E. Chairperson, Vice Chairperson and Commissioners Assume New Seating Arrangement
6. ORAL COMMUNICATIONS

Any person may present public testimony at this time. If any person wishes to address the Senior Commission on any item on the agenda or on any other matter, please present your testimony at this time, and please limit your comments to three minutes. The Commission may choose to remove the item for discussion.

The Chairperson may impose reasonable limitations on public comments to assure an orderly and timely meeting. When addressing the Commission, please write your name and address on the sheet provided.
7. CONSENT CALENDAR
  - A. Senior Center Activities for July 2019

Recommendation: Receive and file.
8. DISCUSSION
9. STAFF ITEMS
10. ANNOUNCEMENTS
11. ADJOURNMENT

July 3, 2019

Action Minutes of the Regular Meeting  
of the Senior Citizens Commission  
of the City of Walnut

A regular meeting of the City of Walnut Senior Citizens Commission was held on July 3, 2019 at the Walnut Senior Center, 21215 La Puente Road, Walnut, California. Commissioner Miller called the meeting to order at 10:00 A.M.

ROLL CALL

PRESENT: Commissioners Miller, Sherwood-Scott, Coday-Lamb, Simonelli & Wu  
ABSENT: None

Also present at the meeting was Deputy Community Services Director Jensen, Recreation Supervisor Encinas, Recreation Coordinator Watanabe and Executive Assistant Vermeer.

APPROVAL OF MINUTES

C/Sherwood-Scott made a motion, seconded by C/Coday-Lamb and was carried 4-0 to approve the minutes of June 5, 2019.

AYES: Coday-Lamb, Miller, Sherwood-Scott & Simonelli  
ABSTAIN: Wu

CONSENT CALENDAR

C/Sherwood-Scott made a motion, seconded by C/Coday-Lamb and was carried 5-0 to receive and file Item 6A.

DISCUSSION

LATE BUSINESS

STAFF ITEMS

ANNOUNCEMENTS

C/Coday-Lamb made a motion, seconded by C/Sherwood-Scott and was carried 5-0 to close Announcements.

ADJOURNMENT

There being no further business to come before the Commission, C/Miller adjourned the meeting at 10:22 A.M.

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Chairperson

ATTEST:

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Executive Assistant



**AGENDA ITEM 7A**

- Consent Calendar  
 Discussion

**CITY OF WALNUT**

June 20, 2019

COMMISSION AGENDA: AUGUST 7, 2019

TO: SENIOR CITIZENS COMMISSION

VIA: MARY ROONEY, ACM – COMMUNITY SERVICES /PUBLIC WORKS  
ALICIA JENSEN, DEPUTY COMMUNITY SERVICES DIRECTOR *AJ*

FROM: GABRIELA ENCINAS, RECREATION SUPERVISOR  
ROBERT WATANABE, RECREATION COORDINATOR

SUBJECT: SENIOR CENTER ACTIVITIES FOR JULY 2019

**SUMMARY:**

The Senior Center staff has prepared a report summarizing the activities at the Walnut Senior Center during the past month.

**SENIOR EXCURSIONS:**

| <u>Destination:</u>          | <u>Date:</u> | <u>Participants:</u> |
|------------------------------|--------------|----------------------|
| Breakfast with the Beatles   | July 14      | 44 (FULL)            |
| Long Beach Crawfish Festival | July 28      | 44 (FULL)            |

**SENIOR PROGRAMS & SEMINARS:**

***SEMINAR: CYBER AWARENESS SERIES***

The seminar series was hosted by Clement Chan – CyberPatriot XI National Champion Learning how to protect yourself against online scams, identity theft, and “phishing”, as well as, the best ways to safeguard your social media footprint and passwords.

***Cybersecurity 101***

July 12- 10:00 am to 11:30 am.

***Internet Scams & Fraud***

July 26- 10:00 am to 11:30 am.

Listed below are our regularly scheduled activities:

| <b>Activity Name</b>                 | <b>Cost</b>  | <b>Enrolled/Attendance</b> |
|--------------------------------------|--------------|----------------------------|
| Bingo (Wednesday and Thursday)       | Variable     | 80 (avg.)                  |
| GROW (Gaining Recovery of Widowhood) | Free         | 3 (avg.)                   |
| Book Club                            | Free         | 6                          |
| Bridge                               | Free         | 12                         |
| Social Beading                       | Free         | 14                         |
| Mah Jong                             | Free         | 16                         |
| Quilting                             | Free         | 6                          |
| Senior Club                          | \$10/year    | 140                        |
| Tole Painting                        | Free         | 20                         |
| Walnut Walkers                       | \$5/one time | 60 (avg.)                  |

MT. SAC OLDER ADULT CLASSES:

Mt. SAC Emeritus Program offers several ongoing courses at the Walnut Senior Center. Summer Classes began on June 17 and will run until August 16. Staff is pleased with the continued interest the senior community has for the programs offered at this active facility.

The following is a list of courses that being offered in Summer 2019:

| <i>Class</i>                 | <i>Day(s)</i> |
|------------------------------|---------------|
| Aerobics – 8:00 am           | M/W/F         |
| Aerobics – 9:00 am           | M/W/F         |
| Digital Photography          | M             |
| Stretch & Balance – 10:15 am | M/F           |
| <b>Computers:</b>            |               |
| Basic: Level III             | Tuesday       |
| Basic: Level II              | Thursday      |
| Basic: Level I               | Tuesday       |
| Brain Health                 | M/W/F         |
| Creative Computing           | Thursday      |
| Internet Research            | Friday        |
| Home Gardening               | Thursday      |
| Jewelry Making               | Friday        |
| Oil Painting                 | Thursday      |
| Strength Training            | Wednesday     |
| Tai Chi                      | Tuesday       |
| Yoga                         | M/T           |

**RECOMMENDATION:**

It is recommended that the Senior Citizens Commission receive and file this informational report