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Mayor, Andrew Rodriguez Mayor Pro Tem, Robert Pacheco Council Member, Eric Ching Council Member, Nancy Tragarz Council Member, Allen Wu

CITY OF WALNUT COVID19 – OFFICIAL CITY UPDATE

Older Adult Assistance and Volunteer Opportunities

3/20/2020

Home Delivered Meals

- Walnut Seniors currently have access to the YWCA/Intervale Service Home Delivered Meal Program. They deliver frozen meals weekly to the homes of seniors who are homebound and under a doctor's care (one nutritious meal per day is provided). To find out if you meet the criteria for service, please call (626) 214-9456 for more information.
- 2. Walnut residents age 60 and older who are sick, have a chronic disease, or who are homebound is the Greater La Puente Valley Meals on Wheels. Meals are delivered by volunteers and supported by minimal contributions from clients and the rest from donors. The cost for two meals per day (one hot, one cold, delivered at the same time) is \$3.90. Other criteria apply. Call (626) 333-4570 for more information.

Looking for Information on Senior Health and Human Service Assistance in Los Angeles County? Call 2-1-1

211 is an easy to remember three-digit dialing code that enables a caller to access over 28,000 health and human service programs throughout Los Angeles County 24 hours per day, 7 days per week.

Volunteer Opportunities

Greater La Puente Valley Meals on Wheels and Community Senior Services/Aging Next are two non-profit organizations that are both in need of volunteers and/or donations (cash) to assist older adults, especially with meal delivering.

If you are interested, please contact those organizations:

Greater La Puente Valley Meals on Wheels: 626-333-4570 Community Senior Services/Aging Next: 909-621-9900