

CITY OF WALNUT  
SENIOR CITIZENS COMMISSION AGENDA  
WALNUT CITY HALL COUNCIL CHAMBER  
21201 LA PUENTE ROAD, WALNUT  
JUNE 1, 2022

1. CALL TO ORDER 10:00 A.M.
2. FLAG SALUTE COMMISSIONER CODAY-LAMB
3. ROLL CALL COMMISSIONERS CODAY-LAMB, LEE, MILLER, SHERWOOD-SCOTT,  
& SIMONELLI
4. MINUTES REGULAR MEETING MAY 4, 2022

5. ORAL COMMUNICATIONS

If any person wishes to address the Senior Commission on any item on the agenda or on any other matter, please present your testimony at this time, and please limit your comments to three minutes. The Commission may choose to remove the item for discussion.

The Chairperson may impose reasonable limitations on public comments to assure an orderly and timely meeting. When addressing the Commission, please write your name and address on the sheet provided.

6. CONSENT CALENDAR

A. Senior Center Activities for May 2022

Recommendation: Receive and file.

7. DISCUSSION

8. STAFF ITEMS

9. ANNOUNCEMENTS

10. ADJOURNMENT

Action Minutes of the Regular Meeting  
of the Senior Citizens Commission  
of the City of Walnut

A regular meeting of the City of Walnut Senior Citizens Commission was held on May 4, 2022 at the Walnut City Hall, 21201 La Puente Road, Walnut, California. Commissioner Coday-Lamb called the meeting to order at 10:02 A.M.

ROLL CALL

PRESENT: Commissioners Coday-Lamb, Lee, Miller & Sherwood-Scott  
ABSENT: Commissioners Simonelli

Also present at the meeting was Community Services Superintendent Bumia, Recreation Supervisor Encinas, Recreation Coordinator Watanabe and Executive Assistant Vermeer.

APPROVAL OF MINUTES

C/Sherwood-Scott made a motion, seconded by C/Miller and was carried 4-0 to approve the minutes of March 2, 2022.

AYES: Coday-Lamb Lee, Miller & Sherwood-Scott  
ABSENT: Simonelli

ORAL COMMUNICATION

None

CONSENT CALENDAR

C/Miller made a motion, seconded by C/Sherwood-Scott and was carried 4-0 to receive and file Item 6A.

AYES: Coday-Lamb, Lee, Miller & Sherwood-Scott  
ABSENT: Simonelli

DISCUSSION

None

LATE BUSINESS

None

STAFF ITEMS

None

ANNOUNCEMENTS

None

ADJOURNMENT

There being no further business to come before the Commission, C/Coday-Lamb adjourned the meeting at 10:23A.M.

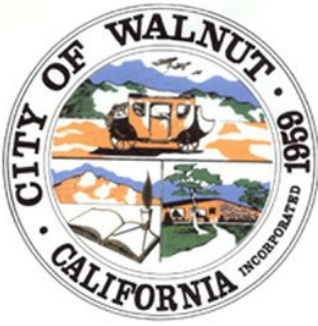
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Chairperson

ATTEST:

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Executive Assistant



## AGENDA ITEM 6A

- Consent Calendar  
 Discussion

# CITY OF WALNUT

MAY 18, 2022

COMMISSION AGENDA: JUNE 1, 2022

TO: SENIOR CITIZENS COMMISSION

VIA: MARY ROONEY, ACM – COMMUNITY SERVICES /PUBLIC WORKS  
JAMIE BUMIA, COMMUNITY SERVICES SUPERINTENDENT *JB*

FROM: GABRIELA ENCINAS, RECREATION SUPERVISOR *GE*  
ROBERT WATANABE, RECREATION COORDINATOR

SUBJECT: SENIOR CENTER ACTIVITIES FOR MAY 2022

### SUMMARY:

The Senior Center staff has prepared a report summarizing the activities at the Walnut Senior Center during the past month.

### COVID-19 Protocols Update:

The Los Angeles County Department of Public Health modified their Health Order to highly recommend indoor masking, regardless of vaccination status. Staff and program participants at the Senior Center and other City facilities have been updated of this modification.

### ACTIVITIES SUMMARY:

The following are ongoing social services for older adults in Walnut that occurred last month. Staff continues to provide older adults in the community with pressing social services opportunities.

### SENIOR CURBSIDE/HOME DELIVERED NUTRITION LUNCH PROGRAM

Staff continues to coordinate the County Nutrition Program for older adults, which had been a congregate meal program at the Walnut Senior Center. The program continues to operate as a hybrid pick-up/home delivery programs. Those residents who cannot leave their home continue to receive home delivered meals, while others are scheduled for drive-through (no contact) pick up. Los Angeles County has extended the curbside service to continue through June 2022.

SPECIAL EVENTS:

The Walnut Senior Center hosted their first event of the year with a picnic in the park in celebration of Mother’s Day. The event was sold out with 60 registered participants in attendance. There were games, music and fun. Each guest received a small gift including handmade inspirational journals and a cute picnic ant. Music provide by local resident Dennis Aguilar and lunch was choice of sandwich, cookie and chips from our local Subway.

OLDER ADULT CLASSES:

Heart and Soul Line Dance classes have been in full swing offering lessons twice a week. Monday classes are perfect for the working older adult and scheduled for 6:00 pm. Thursday classes are perfect for the retired person, scheduled for the morning at 9:30 am. These classes are a perfect way to good heart health without the constant strain on joints and easy to follow. All levels are welcome and no partners necessary.

Mt SAC’s registration for the summer session of classes began on May 1 and continued through the month of May with online registration. Participants unable to register online or needing assistance are able to contact Mt. SAC directly or visit on any schedule date to speak with someone in person. Classes begin the week of June 20.

GROW GROUP COUNSELING

The Senior Group GROW Group Counseling program has continued to be in person, since the transition of the virtual forum. GROW meets the first Friday of every month from 9:00 am to 11:00 am. Participants ages 55 and older are welcome and encouraged to learn new skills that will allow them to GROW.

SENIOR EXCURSIONS:

Registration for the spring trips began on February 14 for Walnut residents. All trips for the spring are currently approaching full capacity with only couple of spots left for each trip. Capacity for trips is reduced to half in order to maintain distancing. Here are the May excursions:

*Academy of Motion Picture*  
Tuesday, May 17

Sold Out (28)

WEEKLY ACTIVITIES:

The Walnut Senior Center will reopen their doors to the public welcoming back a few of the social groups including Mahjong, Bridge, Billiards and Tole Painting. All social groups have designated meeting times with the exception of Billiards, which is open Monday through Friday from 8:00 am to 5:00 pm. Masks are recommended for all participants.

Mahjong	Monday/Friday	9:00 am to 12:00 noon
Tole Painting	Monday	10:00 am to 12:00 noon
Chinese Brush Painting	Tuesday	10:00 am to 12:00 noon
Bridge	Tuesday	12:00 noon to 3:00 pm
Senior Club (Bingo)	Wednesdays	12:00 noon to 3:00 pm

RECOMMENDATION:

It is recommended that the Senior Citizens Commission receive and file this informational report.