

CITY OF WALNUT  
SENIOR CITIZENS COMMISSION AGENDA  
WALNUT CITY HALL COUNCIL CHAMBER  
21201 LA PUENTE ROAD, WALNUT  
SEPTEMBER 7, 2022

1. CALL TO ORDER 10:00 A.M.
2. FLAG SALUTE COMMISSIONER SHERWOOD-SCOTT
3. ROLL CALL COMMISSIONERS CODAY-LAMB, LEE, MILLER, SHERWOOD-SCOTT,  
& SIMONELLI
4. MINUTES REGULAR MEETING AUGUST 3, 2022

5. ORAL COMMUNICATIONS

If any person wishes to address the Senior Commission on any item on the agenda or on any other matter, please present your testimony at this time, and please limit your comments to three minutes. The Commission may choose to remove the item for discussion.

The Chairperson may impose reasonable limitations on public comments to assure an orderly and timely meeting. When addressing the Commission, please write your name and address on the sheet provided.

6. CONSENT CALENDAR

A. Senior Center Activities for August 2022

Recommendation: Receive and file.

7. DISCUSSION

8. STAFF ITEMS

A. Introduction of Recreation Supervisor, Jennifer Fontan

9. ANNOUNCEMENTS

10. ADJOURNMENT

Action Minutes of the Regular Meeting  
of the Senior Citizens Commission  
of the City of Walnut

A regular meeting of the City of Walnut Senior Citizens Commission was held on August 3, 2022 at the Walnut City Hall, 21201 La Puente Road, Walnut, California. Commissioner Sherwood-Scott called the meeting to order at 10:02 A.M.

ROLL CALL

PRESENT: Commissioners Lee, Miller, Sherwood-Scott & Simonelli

ABSENT: Commissioner Coday-Lamb

Also present at the meeting was Community Services Superintendent Bumia, Recreation Coordinator Watanabe and Executive Assistant Vermeer.

APPROVAL OF MINUTES

C/Simonelli made a motion, seconded by C/Miller and was carried 4-0 to approve the minutes of July 6, 2022.

AYES: Commissioners Lee, Miller, Sherwood-Scott & Simonelli

ABSENT: Commissioner Coday-Lamb

REORGANIZATION:

C/Sherwood-Scott nominated C/Coday-Lamb for Chairperson, a vote was taken and approved

AYES: Lee, Miller, Sherwood-Scott & Simonelli

NOES: None

ABSENT: Commissioner Coday-Lamb

C/Simonelli nominated C/Sherwood-Scott for Vice Chairperson, and a vote was taken and approved:

AYES: Lee, Miller, Sherwood-Scott & Simonelli

NOES: None

ABSENT: Commissioner Coday-Lamb

ORAL COMMUNICATION

None

CONSENT CALENDAR

C/Simonelli made a motion, seconded by C/Miller and was carried 4-0 to receive and file Item 6A.

AYES: Commissioners Lee, Miller, Sherwood-Scott & Simonelli

ABSENT: Commissioner Coday-Lamb

DISCUSSION

None

LATE BUSINESS

None

STAFF ITEMS

None

ANNOUNCEMENTS

None

ADJOURNMENT

There being no further business to come before the Commission, C/Sherwood-Scott adjourned the meeting at 10:19 A.M.

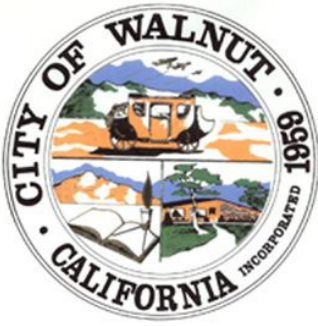
---

Chairperson

ATTEST:

---

Executive Assistant



## AGENDA ITEM 6A

- Consent Calendar  
 Discussion

# CITY OF WALNUT

August 30, 2022

COMMISSION AGENDA: SEPTEMBER 7, 2022

TO: SENIOR CITIZENS COMMISSION

VIA: MARY ROONEY, ACM – COMMUNITY SERVICES /PUBLIC WORKS  
JAMIE BUMIA, COMMUNITY SERVICES SUPERINTENDENT *JB*

FROM: JENNIFER FONTAN, RECREATION SUPERVISOR *JF*  
ROBERT WATANABE, RECREATION COORDINATOR *RW*

SUBJECT: SENIOR CENTER ACTIVITIES FOR AUGUST 2022

### SUMMARY:

The Senior Center staff has prepared a report summarizing the activities at the Walnut Senior Center during the past month.

### COVID-19 Protocols Update:

The Los Angeles County Department of Public Health modified their Health Order to highly recommend indoor masking, regardless of vaccination status. Staff and program participants at the Senior Center and other City facilities have been updated of this modification.

### ACTIVITIES SUMMARY:

The following are ongoing social services for older adults in Walnut that occurred last month. Staff continues to provide older adults in the community with pressing social services opportunities.

### SENIOR CURBSIDE/HOME DELIVERED NUTRITION LUNCH PROGRAM

Staff continues to coordinate the County Nutrition Program for older adults, which had been a congregate meal program at the Walnut Senior Center. The program has now been changed to operate as a curbside pick-up program only as of August 16, 2022. Those residents who cannot leave their home continue to receive home delivered meals by the YWCA, while others are scheduled for drive-through (no contact) pick up. Los Angeles County has extended the curbside service to continue until further notice.

## SENIOR DINE-IN NUTRITION LUNCH PROGRAM

As of June 20, Los Angeles County has reinstated the Senior Dine-In Nutrition Lunch program. The Dine-In program is open to older adults aged 60 years and older. Currently we are serving hot meals Monday through Wednesday on a first-come first-serve basis. To participate, guest must complete an intake form, check-in opens at 10:30 am with meals served from 11:00 am to 12:00 pm or until food is available.

## SEMINARS / SPECIAL EVENTS:

### Free Seminar: Pension Fund

August 23, 2022

Presented by: New York Life – Kerrie Arjomand

Info: Come and learn how you can assess your present financial status and how to create a pension fund.

Attendance: 5

### Free Seminar: Long Term Care

August 30, 2022

Presented by: Aging Next

Info: Transportation Options for Seniors & Disabled

Attendance: 6

### Viva Las Vegas Dinner & Dance

On Friday, August 26, the Senior Center held a Viva Las Vegas Dinner & Dance. Bringing the excitement of Las Vegas without the drive to the desert. The event featured the band, Liberty City Trio, and fun games and prizes set for guest to play and win. And, a special meal was catered by Tiscarenos. Participants enjoyed the exciting evening and had fun with Lady Luck.

The attendance for this dance was sold out at 120 guests.

## OLDER ADULT CLASSES:

Heart and Soul Line Dance classes have been in full swing offering lessons twice a week. Monday classes are perfect for the working older adult and scheduled for 6pm. Thursday classes are perfect for the retired person, scheduled for the morning at 9:30 am. These classes are a perfect way to good heart health without the constant strain on joints and easy to follow. All levels are welcome and no partner is necessary.

Registration for the fall session of Mt. Sac classes opened online on July 1 and continued through the end of July. Participants unable to register online or needing assistance are able to contact Mt. SAC directly or visit on any schedule date to speak with someone in person. Classes began on the week of August 22.

## GROW GROUP COUNSELING

The Senior Group GROW Group Counseling program has continued to be in person, since the transition of the virtual forum. GROW meets the first Friday of every month from 9:00 am to 11:00 am.

Participants ages 55 and older are welcome and encouraged to learn new skills that will allow them to GROW.

SENIOR EXCURSIONS:

All summer trips for 2022 have sold out. Fall registration is scheduled to open on Monday, August 15 for residents and August 22 for all others. We had one scheduled trip in July:

*The Getty Center*

Tuesday, August 9, 2022

43 participants

*Smooth Summer Jazz at the Bowl*

Sunday, August 28, 2022

Sold Out: 28

WEEKLY ACTIVITIES:

The Walnut Senior Center have continued to welcome back a few of the social groups including Mahjong, Bridge, Billiards and Tole Painting. All social groups have designated meeting times with the exception of Billiards, which is open Monday through Friday from 8:00 am to 5:00 pm. Masks are highly recommended for all participants.

Mahjong	Monday/Friday	9:00 am to 12:00 noon
Tole Painting	Monday	10:00 am to 12:00 noon
Chinese Brush Painting	Tuesday	10:00 am to 12:00 noon
Bridge	Tuesday	12:00 noon to 3:00 pm
Senior Club (Bingo)	Wednesdays	12:00 noon to 3:00 pm
Chinese Brush Painting	Friday	10:00 am to 12:00 noon

RECOMMENDATION:

It is recommended that the Senior Citizens Commission receive and file this informational report.