

CITY OF WALNUT  
SENIOR CITIZENS COMMISSION AGENDA  
WALNUT CITY HALL  
21201 LA PUENTE ROAD, WALNUT  
MARCH 2, 2016

1. CALL TO ORDER 10:00 A.M.
2. FLAG SALUTE COMMISSIONER QUINTOS
3. ROLL CALL COMMISSIONERS CODAY-LAMB, MILLER, QUINTOS, SHERWOOD-SCOTT, & VELEZ
4. MINUTES REGULAR MEETING FEBRUARY 3, 2016

5. ORAL COMMUNICATIONS

Any person may present public testimony at this time. If any person wishes to address the Senior Commission on any item on the agenda or on any other matter, please present your testimony at this time, and please limit your comments to three minutes. The Commission may choose to remove the item for discussion.

The Chairperson may impose reasonable limitations on public comments to assure an orderly and timely meeting. When addressing the Commission, please write your name and address on the sheet provided.

6. CONSENT CALENDAR

A. Senior Center Activities for February 2016

Recommendation: Receive and file.

7. DISCUSSION

A. Senior Commission Projects and Goals 2016

Recommendation: It is recommended that the Senior Commission discuss their projects and goals for 2016.

8. LATE BUSINESS

9. ANNOUNCEMENTS

10. ADJOURNMENT

February 3, 2016

Action Minutes of the Regular Meeting  
of the Senior Citizens Commission  
of the City of Walnut

A regular meeting of the City of Walnut Senior Citizens Commission was held on February 3, 2016 at the Walnut City Hall, 21201 La Puente Road, Walnut, California. Commissioner Sherwood-Scott called the meeting to order at 10:01 A.M.

ROLL CALL

PRESENT: Commissioners Miller, Quintos, Sherwood-Scott & Velez

ABSENT: Commissioners Coday-Lamb

Also present at the meeting was Deputy Community Services Director Jensen, Recreation Supervisor Encinas, Recreation Coordinator Watanabe and Executive Assistant Vermeer.

APPROVAL OF MINUTES

C/Velez made a motion, seconded by C/Quintos and was carried 4-0 to approve the minutes of January 6, 2016.

ORAL COMMUNICATIONS

CONSENT CALENDAR

C/Velez made a motion, seconded by C/Miller and was carried 4-0 to receive and file Item 6A.

DISCUSSION

LATE BUSINESS

ANNOUNCEMENTS

C/Sherwood-Scott requested staff to prepare a report for possible Senior Commission fundraising activities and potential non-profit organization to donate too.

C/Miller made a motion, seconded by C/Quintos and was carried 4-0 to close Announcements.

ADJOURNMENT

There being no further business to come before the Commission, C/Sherwood-Scott adjourned the meeting at 10:25 A.M.

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Chairperson

ATTEST:

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Executive Assistant

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ROBERT "BOB" PACHECO  
Mayor

MARY SU  
Mayor Pro Tem

ANTONIO "TONY" CARTAGENA  
Council Member

ERIC CHING  
Council Member

NANCY TRAGARZ  
Council Member

## CITY OF WALNUT

DATE: FEBRUARY 18, 2016

COMMISSION AGENDA: MARCH 2, 2016

TO: SENIOR CITIZENS COMMISSION

VIA: MARY ROONEY, DIRECTOR OF COMMUNITY SERVICES  
ALICIA JENSEN, DEPUTY COMMUNITY SERVICES DIRECTOR

FROM: GABRIELA ENCINAS, RECREATION SUPERVISOR  
ROBERT WATANABE, RECREATION COORDINATOR

SUBJECT: SENIOR CENTER ACTIVITIES FOR FEBRUARY 2016

### SUMMARY:

The Senior Center staff has prepared a report summarizing the activities at the Walnut Senior Center during the month of February 2016.

### SENIOR EXCURSIONS:

<u>Destination:</u>	<u>Date:</u>	<u>Participants:</u>
Santa Barbara Gourmet Lunch & Wine Tasting	Feb 9	44 (FULL)
Guys & Dolls Dinner & Show	Feb 20	28

### SENIOR PROGRAMS & SEMINARS:

#### *Happy Hearts Dinner and Dance*

On Friday, February 12, the Walnut Senior Center hosted the Happy Hearts Dinner and Dance. Participants danced with their 'special someone' to the music from Jim Gilman and the Associates. They enjoyed a delicious buffet dinner from Tiscareno's Catering, played games and a door-prize opportunity drawing was held for great prizes. Finally, special Valentine's Day magnets were handed out to give the event that extra special touch. A total of 86 participants attended this event and they all LOVED the event.

### *Just Desserts Baking Contest*

The 5th Annual Just Desserts Baking Contest was held at the Walnut Senior on February 25. Contestants were able to make their own delicious creations and have them judged by selected volunteers from the community. Each contestant received a certificate for participating. The top three entries received a ribbon for placement.

Listed below are the regular programs offered at the Walnut Senior Center:

<i>Event Name</i>	<i>Cost</i>	<i>Enrolled/Attendance</i>
Bingo (Wednesday and Thursday)	Variable	80 (avg.) each day
GROW (Gaining Recovery of Widowhood)	Free	3
Beading	Free	12
Book Club	Free	8
Bridge	Free	20
English Discussion	Free	30
Mah Jong	Free	16
Notary	Free	0
Quilting	Free	6
Senior Club	\$10/year	140
Walnut Walkers	\$5/one time	50

### MT. SAC OLDER ADULT CLASSES:

Mt. SAC Emeritus Program offers several ongoing courses at the Walnut Senior Center. The Spring semester of classes began on February 22 and runs through to June 12. We are pleased with the continued interest the senior community has on the programs offered at our facility.

The following is a list of courses that are being offered this Spring:

<i>Class</i>	<i>Day(s)</i>
Aerobics – 8:00 am	M/W/F
Aerobics – 9:00 am	M/W/F
Brain Health 1	M/W/F
Digital Photography	M/W
Stretch & Balance – 10:15 am	M/F
Computers:	
Basic: Level III	Thursday
Basic: Level II	Tuesday
Basic: Level I	Thursday
Basic: Excel	Tuesday
Home Gardening	Thursday
Jewelry Making	Friday
Oil Painting	Thursday
Tai Chi	Tuesday
Tole Painting	Monday
Yoga - Morning	T or W
Yoga - Afternoon	Monday

RECOMMENDATION:

It is recommended that the Senior Citizens Commission receive and file this informational report.



## AGENDA ITEM 9A

- Consent Calendar  
 Discussion

**WALNUT SENIOR COMMISSION**

**AGENDA DATE: MARCH 2, 2016**

**TO: SENIOR COMMISSION**  
**VIA: MARY ROONEY, DIRECTOR OF COMMUNITY SERVICES**  
**FROM: ALICIA JENSEN, DEPUTY DIRECTOR OF COMMUNITY SERVICES**  
**SUBJECT: SENIOR COMMISSION PROJECTS AND GOALS 2016**

### **RECOMMENDATION:**

It is recommended that the Senior Commission discuss their projects and goals for 2016.

### **BACKGROUND:**

At the February 3, 2016 Senior Commission meeting, Chair Jean Sherwood-Scott requested the Commission review their projects accomplished in 2015 and consider establishing their goals for 2016.

### **ANALYSIS:**

The Commission is encouraged to consider projects that they believe will benefit to older adults in the City of Walnut.

Chair Sherwood-Scott provided an outline (Attachment A) which summarizes the Commission's 2015 activities and offers suggested projects for 2016 for the Commission's consideration.

### **FISCAL IMPACT:**

There is no fiscal impact to City of Walnut budget.

### **RELATION TO MISSION STATEMENT:**

We will enhance civic pride by encouraging open discussion.

Attachment

**City Of Walnut Senior Commission**  
**Activities & Finances 2015/2016**

2015 – Family Festival Fundraiser	\$300.00
2016 – Senior Breakfast Expenditures	\$125.00
<b>Total Revenue</b>	<b><u>\$175.00</u></b>

**2015 – Fundraising Activities**

Bake Sale @ the Center- April 1	\$ 155. 00
Basket raffles Senior Dance- April 17	\$ 108.00
Peddlers Market Senior Center- May 2	\$ 272.00
<b>Total Revenue</b>	<b><u>\$ 535.00</u></b>

All proceeds (\$535.00) went towards the City of Walnut Relay for Life fundraising efforts on behalf of the Walnut Senior Commission.

The purpose of our fundraising activities is to help raise money and awareness to benefit the American Cancer Society for ongoing Research, Education and Service.

**2016- Discussion -Tentative Fundraising Activities**

- Bake Sale at the at the Senior Center- Wed. March 30
- Peddlers Market at the Senior Center – Sat. May 2
- Basket Raffles at the Senior Center Luau- Fri. June 17

**This year’s Walnut Relay for Life is Sat June 25 and June 26 at Suzanne School – 9:00am-9:00am**

**Upcoming Important City Programs**

- Walnut Family Festival and Parade Saturday October 8
- Veterans Day Reception at City Hall Wednesday Nov.8

**Suggested Additional Project – Recognize the Walnut Firefighters - Discussion**

May 4 is International Firefighters day

Please review the above fundraising proposals and the Walnut Firefighter recognition Project for discussion at the March Senior Commission Meeting.

Thank you for your time and consideration in this matter.