

CITY OF WALNUT  
SENIOR CITIZENS COMMISSION AGENDA  
WALNUT CITY HALL  
21201 LA PUENTE ROAD, WALNUT  
FEBRUARY 1, 2017

1. CALL TO ORDER 10:00 A.M.
2. FLAG SALUTE COMMISSIONER VAKIL
3. ROLL CALL COMMISSIONERS CODAY-LAMB, MILLER, VAKIL, SHERWOOD-SCOTT, & VELEZ
4. MINUTES REGULAR MEETING JANUARY 3, 2017

5. ORAL COMMUNICATIONS

Any person may present public testimony at this time. If any person wishes to address the Senior Commission on any item on the agenda or on any other matter, please present your testimony at this time, and please limit your comments to three minutes. The Commission may choose to remove the item for discussion.

The Chairperson may impose reasonable limitations on public comments to assure an orderly and timely meeting. When addressing the Commission, please write your name and address on the sheet provided.

6. CONSENT CALENDAR

A. Senior Center Activities for January 2017

Recommendation: Receive and file.

7. DISCUSSION

8. STAFF ITEMS

9. ANNOUNCEMENTS

10. ADJOURNMENT

January 4, 2017

Action Minutes of the Regular Meeting  
of the Senior Citizens Commission  
of the City of Walnut

A regular meeting of the City of Walnut Senior Citizens Commission was held on January 4, 2017 at the Walnut Senior Center, 21215 La Puente Road, Walnut, California. Commissioner Velez called the meeting to order at 10:02 A.M.

ROLL CALL

PRESENT: Commissioners Coday-Lamb, Miller, Sherwood-Scott, Vakil & Velez

ABSENT: None

Also present at the meeting was Deputy Community Services Director Jensen, Recreation Supervisor Encinas, Recreation Coordinator Watanabe and Executive Assistant Vermeer.

APPROVAL OF MINUTES

C/Coday-Lamb made a motion, seconded by C/Sherwood-Scott and was carried 5-0 to approve the minutes of December 7, 2016.

ORAL COMMUNICATIONS

Thelma Freitas, 2507 Gilbert Ave, thanked the City and the Senior Commission for assistance in recruiting bingo callers for the Senior Club.

C/Coday-Lamb made a motion, seconded by C/Sherwood-Scott and was carried 5-0 to close Oral Communications.

CONSENT CALENDAR

C/Sherwood-Scott made a motion, seconded by C/Miller and was carried 5-0 to receive and file Item 6A.

DISCUSSION

LATE BUSINESS

STAFF ITEMS

ANNOUNCEMENTS

C/Velez made a motion, seconded by C/Coday and was carried 5-0 to close Announcements.

ADJOURNMENT

There being no further business to come before the Commission, C/Velez adjourned the meeting at 10:19 A.M.

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Chairperson

ATTEST:

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Executive Assistant



**AGENDA ITEM** \_\_\_\_\_

- Consent Calendar  
 Discussion
- 

**CITY OF WALNUT**

January 19, 2017

COMMISSION AGENDA: FEBRUARY 1, 2017

TO: SENIOR CITIZENS COMMISSION

VIA: MARY ROONEY, DIRECTOR OF COMMUNITY SERVICES  
ALICIA JENSEN, DEPUTY COMMUNITY SERVICES DIRECTOR

FROM: GABRIELA ENCINAS, RECREATION SUPERVISOR  
ROBERT WATANABE, RECREATION COORDINATOR

SUBJECT: SENIOR CENTER ACTIVITIES FOR JANUARY 2017

**SUMMARY:**

The Senior Center staff has prepared a report summarizing the activities at the Walnut Senior Center during the past month.

SENIOR EXCURSIONS:

<u>Destination:</u>	<u>Date:</u>	<u>Participants:</u>
A Walk in Beverly Hills	Jan 27	44 (FULL)

SENIOR PROGRAMS & SEMINARS:

*Senior Commission New Year's Breakfast - 2017*

On Wednesday, January 4, the Walnut Senior Commission and Walnut Senior Center staff co-hosted the 4th annual New Year's Breakfast. The event was to give the senior residents an opportunity to meet the Senior Citizens Commission appointees and to increase awareness of what the Senior Citizens Commission role is in the City. During the event, Senior Commissioners and Senior Center staff prepared a delicious breakfast for the senior residents. At the end of the breakfast, the senior residents were invited to stay and attend the January 2017 session of the Senior Citizens Commission meeting which was held at the Walnut Senior Center. Residents had the opportunity to ask questions and voice any concerns they had relative to the City, the Senior Center and other senior related programs.

<b>Event Name</b>	<b>Cost</b>	<b>Enrolled/Attendance</b>
Bingo (Wednesday and Thursday)	Variable	80 (avg.)
GROW (Gaining Recovery of Widowhood)	Free	3 (avg.)
Beading	Free	12
Book Club	Free	6
Bridge	Free	16
English Discussion	Free	16
Social Beading	Free	14
Mah Jong	Free	16
Notary	Free	0
Quilting	Free	6
Senior Club	\$10/year	140
Tole Painting	Free	20
Walnut Walkers	\$5/one time	60 (avg.)

MT. SAC OLDER ADULT CLASSES:

Mt. SAC Emeritus Program offers several ongoing courses at the Walnut Senior Center. Winter classes began on January 9 and ran through February 19. We are pleased with the continued interest the senior community has on the programs offered at our facility.

The following is a list of courses that were being offered this Winter:

<i>Class</i>	<i>Day(s)</i>
Aerobics – 8:00 am	M/W/F
Aerobics – 9:00 am	M/W/F
Digital Photography	M/W
Stretch & Balance – 10:15 am	M/F
<b>Computers:</b>	
Basic: Level III	Thursday
Basic: Level II	Tuesday
Basic: Level I	Thursday
Basic: Excel	Tuesday
Creative Computing	Tuesday
Internet Research	Friday
Home Gardening	Thursday
Jewelry Making	Friday
Oil Painting	Thursday
Tai Chi	Tuesday
Yoga - Morning	Tuesday and Wednesday
Yoga - Afternoon	Monday

**RECOMMENDATION:**

It is recommended that the Senior Citizens Commission receive and file this informational report